

What to expect from MPI when notifying a self-substantiated food health relationship to **FSANZ**:



A step-by-step guide for food businesses



Step 1: Providing dossier of evidence

MPI will request a copy of the systematic review undertaken in accordance with Schedule 6 to establish the notified relationship.

According to 1.2.7 – 19 (1)(d), this evidence must be supplied to MPI in a timely manner.



MPI asks for a copy within two weeks after notification to FSANZ.



Step 2: Initial evaluation

MPI checks the dossier includes all essential information and sections as per Schedule 6.

If elements are missing MPI will ask you for this information and adjust timeframe accordingly.



MPI provides first comments within two to four weeks. If necessary, you need to re-submit dossier within four months.

If this is not possible go to 4b



Step 3: In-depth evaluation

Once all required elements are present, MPI assesses:

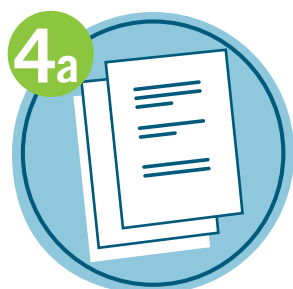
- the strategy and methods used for the systematic review;
- the findings of all studies that were included and the reasons for excluding other studies;
- a critical appraisal and assessment of the quality of all studies included in the systematic review;
- whether there is a consistent relationship across all high quality studies and therefore whether the notified relationship is a reasonable conclusion of the systematic review.

MPI's evaluation is then peer reviewed internally and externally by at least one independent expert in the field.

The assessment Panel of peer reviewers then agree on conclusions and recommendations for feedback to you.



You will receive a peer reviewed evaluation report from MPI within four to eight weeks.



Step 4: Food-health relationship substantiated

Keep your dossier of evidence for updating (ideally every five years).



Step 5: Food-health relationship not substantiated

Discuss MPI's recommendations.

If unable to resubmit another dossier of evidence, you're required to ask FSANZ to remove the notified food health relationship.

Looking for more information?

Website: www.foodsafety.govt.nz/industry/general/labelling-composition/health-claims-for-high-value-foods/self-substantiation-of-health-claims.htm
Contact MPI: health.claims@mpi.govt.nz